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Office of the Surveyor General of India
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DEHRADUN - 248 001 (UTTARAKHAND), INDIA

No. CG- 166 8 /2158-RSB

Dated:

02-05-2018

To

The Addl. SGs: Northern Zone, Chandigarh / Eastern Zone, Kolkata / Western Zone, Jaipur/ Southern Zone, Bangalore/ Central Zone, Jabalpur / North-Eastern Zone, Shillong /Indian Institute of Surveying & Mapping, Hyderabad / Printing Zone, Dehradun / Specialized Zone, Dehradun.

The Directors: Maharashtra & Goa GD/Rajasthan GDC/Andhra Pradesh GDC/East Uttar Pradesh GDC / Madhya Pradesh GDC/West UP & Uttarakhand GDC/Punjab, Chandigarh & Haryana GDC/Jammu & Kashmir GDC/Himachal Pradesh GDC/Assam & Nagaland GDC/Meghalaya & Arunachal Pradesh GDC / Tripura, Manipur & Mizoram GDC/BiharGDC/ West Bengal & Sikkim GDC / Orissa GDC / Jharkhand GDC/Chhattisgarh GDC/ Gujarat, Daman & Diu GDC / Karnataka GDC/ Tamilnadu, Pondicherry and Andaman & Nicobar Islands GDC / Kerala & Lakshadweep GDC / Survey (Air) and Delhi GD / Geographical Informatics System & Remote Sensing Directorate / National Geo-spatial Data Centre/ Geodetic & Research Branch / MA&DC (B&P)/National Spatial Data Infrastructure/International Boundary Directorate/ Digital Mapping Centre / Eastern Printing Group/Southern Printing Group/Western Printing Group / Northern Printing Group/

E&AO (A) SGO/ I/C Survey of India Website.

Sub: Observation of International Day of Yoga on 21st June, 2018.

Please refer to Departmental Order No. CG-128/2158-RSB dt. 09-04-2018 and Ministry of Ayush DO. Letter No. S-11012/07/2018-Y & N Cell dt. 08-03-2018 copy of the same was forwarded alongwith the O/M Departmental Order.

- 2. It is intimated that 21st June is observed as International Yoga Day (IDY) every year and as per guidelines of Ministry of Ayush, there is a need to bring more citizens into the fold of the activites of IDY 2018 than previous years, thereby spreading the rewards of Yoga in terms of physical & emotional well being among all sections of our society.
- 3. The aim of this exercise is to make all participations aware of the immense rewards that the pursuit of Yoga can bring to the individual & the family. The details of the common Yoga protocol (CYD) which is a 45 minutes sequence of Yoga exercises designed by Yoga experts of the country is available & can be downloaded from the website yoga.ayush.gov.in.
- 4. In view of all of above, the following are requested please:
 - (a) Carry out an advance planning & preparation for the observation of IDY on 21st June, 2018.
 - (b) Nominate an officer for the planning, preparation and successful conduct of the same.

(c) Prepare details action plan for celebrating International Day of Yoga, 2018 and forwarded the same to this office for compilation & onward submission to Ministry by 18 May, 2018.

(d) Organise Mass Yoga demonstration based on CYP, Yoga Protocol on 21st June, 2018 From 07.00 hrs. To 08.00 hrs. and encourage maximum participation of Staff

/officers/ families.

(e) Forward a detailed report alongwith photograph to this office by 28 June, 2018 for onward submission to Ministry.

5. This is for information and necessary action please.

(S K Sarkar) Lt Col

Deputy Surveyor General For surveyor General of India

Copy to: The Secretary to Govt. of India, Ministry of Science and Technology, (Deptt. of Science & Technology), Technology Bhavan, New Mehrauli Road, New Delhi – 110016, with respect to Ministry of AYUSH D.O. letter No.S-11012/07/2018-Y&N Cell dated 8March, 2018 forwarded to this office vide DST's mail dated 21.03.2018 and this office's Departmental Order No. CG-128/2158-RSB dt. 09-04-2018.